

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beyens Sam

Coaches: Moors Joren

Coaches: Luyten Sjobbe HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:1, starttime: 09:00
Heat: 1/8 Lane : 1 Athlete: VAN GORP THIJS					Q-time: 02:00:94
PB (25m pool): 02:00.94 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.14		02:00.94	
	00:59.14		01:01.80		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:05
Heat: 3/8 Lane : 6 Athlete: HOOYBERGHS MIL					Q-time: 01:23:14
PB (25m pool): 01:23.14 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.60		01:23.14	
	00:38.60		00:44.54		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:07
Heat: 4/8 Lane : 1 Athlete: DE MESSEMAEKER ZYDRICH					Q-time: 01:20:43
PB (25m pool): 01:20.43 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.95		01:20.43	
	00:36.95		00:43.48		
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:07
Heat: 4/8 Lane : 2 Athlete: VAN HOVE NAND					Q-time: 01:18:65
PB (25m pool): 01:18.65 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.10		01:18.65	
	00:37.10		00:41.55		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:07
Heat: 4/8 Lane : 8 Athlete: VAN HOVE VICTOR					Q-time: 01:20:62
PB (25m pool): 01:20.62 Mol 28/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.90		01:20.62	
	00:37.90		00:42.72		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:6, starttime: 09:10
Heat: 6/8 Lane : 4 Athlete: HUYSMANS SEPPE					Q-time: 01:05:80
PB (25m pool): 01:05.80 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.80		01:05.80	
	00:30.80		00:35.00		
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:12
Heat: 7/8 Lane : 1 Athlete: ZRIRAK WAEL					Q-time: 01:04:00
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:15	
Heat: 1/10 Lane : 6 Athlete: LIEVENS NONA							Q-time: 03:12:38	
PB (25m pool): 03:12.38 3500 Hasselt 23/11/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.26		01:31.18		02:23.13		03:12.38
	00:42.26		00:48.92		00:51.95		00:49.25	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:2, starttime: 09:19	
Heat: 2/10 Lane : 3 Athlete: DIRIX LILY							Q-time: 02:41:75	
PB (25m pool): 02:38.20 Pelt 27/09/2026				PB (50m pool): 02:41.75 SB: 02:38.20 Pelt 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.88		01:15.73		no time		02:38.20
	00:35.88		00:39.85					
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:8, starttime: 09:37	
Heat: 8/10 Lane : 5 Athlete: VAN BAELEN YENTHE							Q-time: 02:15:77	
PB (25m pool): 02:15.77 Mol 28/12/2025				PB (50m pool): 02:19.15SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.60		01:07.07		01:42.66		02:15.77
	00:31.60		00:35.47		00:35.59		00:33.11	
								

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:1, starttime: 09:46
Heat: 1/7 Lane : 3 Athlete: LECOMTE FLORENTIN				Q-time: 01:42:41	
PB (25m pool): 01:45.76 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:42.41 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.05		01:45.76	
	00:48.05		00:57.71		
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:2, starttime: 09:48
Heat: 2/7 Lane : 6 Athlete: HERMANS PIETER-JAN					Q-time: 01:21:07
PB (25m pool): no time PB (50m pool): 01:21.07 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:4, starttime: 09:52
Heat: 4/7 Lane : 4 Athlete: VERACHTEN LOUIS					Q-time: 01:08:55
PB (25m pool): 01:22.77 Mol 29/12/2024 PB (50m pool): 01:08.55 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.49		01:22.77	
	00:38.49		00:44.28		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:5, starttime: 09:54
Heat: 5/7 Lane : 4 Athlete: MIHAILESCU STEFAN					Q-time: 01:02:43
PB (25m pool): 01:03.83 Turnhout 01/03/2026 PB (50m pool): 01:02.43 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.43		01:03.83	
	00:29.43		00:34.40		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:5, starttime: 09:54
Heat: 5/7 Lane : 6 Athlete: HUYGENS ARNE					Q-time: 01:05:93
PB (25m pool): 01:05.50 Mol 20/10/2024 PB (50m pool): 01:09.02 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.40		01:05.50	
	00:31.40		00:34.10		
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:6, starttime: 09:55
Heat: 6/7 Lane : 2 Athlete: ZRIRAK WAEL					Q-time: 01:01:25
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:1, starttime: 09:59
Heat: 1/6 Lane : 3 Athlete: STADTMAN MALAYKA					Q-time: 02:06:02
PB (25m pool): 01:58.95 Pelt 27/09/2026 PB (50m pool): 02:06.02 SB: 01:58.95 Pelt 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.09		01:58.95	
	00:56.09 01:02.86				
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 10:01
Heat: 2/6 Lane : 1 Athlete: HOEYBERGHS RILEY					Q-time: 02:00:17
PB (25m pool): 02:00.17 Turnhout 01/03/2026 PB (50m pool): 02:03.36 SB: 02:07.36 Pelt 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.03		02:00.17	
	00:56.03 01:04.14				
					

Coach feedback:

Event number: 22: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 10:04
Heat: 3/6 Lane : 8 Athlete: WOUTERS FENNA					Q-time: 01:48:71
PB (25m pool): no time PB (50m pool): 01:48.71 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:13
Heat: 1/9 Lane : 6 Athlete: VAN GORP THIJS					Q-time: 01:46:61
PB (25m pool): 01:38.02 Pelt 27/09/2026					PB (50m pool): 01:46.61 SB: 01:38.02 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.63		01:38.02	
	00:47.63		00:50.39		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:16
Heat: 2/9 Lane : 5 Athlete: LECOMTE FLORENTIN					Q-time: 01:28:83
PB (25m pool): 01:28.83 Mol 28/12/2025					PB (50m pool): 01:30.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.72		01:28.83	
	00:43.72		00:45.11		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:23
Heat: 5/9 Lane : 2 Athlete: DE MESSEMAEKER ZYDRICH					Q-time: 01:18:75
PB (25m pool): 01:22.24 Mol 28/12/2025					PB (50m pool): 01:18.75 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.68		01:22.24	
	00:39.68		00:42.56		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:23
Heat: 5/9 Lane : 5 Athlete: HERMANS PIETER-JAN					Q-time: 01:17:72
PB (25m pool): 01:21.10 Herentals 17/05/2025					PB (50m pool): 01:17.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.69		01:21.10	
	00:39.69		00:41.41		
					

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 10:26
Heat: 6/9 Lane : 7 Athlete: VAN HOVE NAND					Q-time: 01:16:89
PB (25m pool): 01:19.12 Turnhout 01/03/2026					PB (50m pool): 01:16.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.53		01:19.12	
	00:38.53		00:40.59		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 10:30
Heat: 8/9 Lane : 4 Athlete: HUYSMANS SEPPE					Q-time: 01:03:50
PB (25m pool): 01:03.50 Turnhout 01/03/2026					PB (50m pool): 01:04.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.16		01:03.50	
	00:31.16		00:32.34		
					

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+						Heat:3, starttime: 10:58		
Heat: 3/4 Lane : 7 Athlete: CEULEMANS LENA						Q-time: 03:03:75		
PB (25m pool): 03:08.17 Antwerpen 12/10/2025						PB (50m pool): 03:03.75 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.65		01:29.74		02:18.73		03:08.17
	00:41.65		00:48.09		00:48.99		00:49.44	
								

Coach feedback:

Event number: 25: 400M MEDLEY MEN 13+							Heat:1, starttime: 11:06	
Heat: 1/1 Lane : 2 Athlete: HUYGENS ARNE							Q-time: 05:04:34	
PB (25m pool): 05:01.94 Mol 20/10/2024							PB (50m pool): 05:19.72 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.54		01:10.60		01:49.96		02:27.80
	00:33.54		00:37.06		00:39.36		00:37.84	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:11.87		03:56.20		04:29.99		05:01.94
	00:44.07		00:44.33		00:33.79		00:31.95	
								

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 25: 400M MEDLEY MEN 13+							Heat:1, starttime: 11:06	
Heat: 1/1 Lane : 6 Athlete: VERACHTEN LOUIS							Q-time: 05:02:55	
PB (25m pool): no time			PB (50m pool): 05:02.55SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:3, starttime: 11:14	
Heat: 3/12 Lane : 3 Athlete: CEULEMANS LENA							Q-time: 00:32:52	
PB (25m pool): 00:32.52 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:36.00SB: no time								
	2 5 M		5 0 M					
PB			00:32.52					
			00:32.52					
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:4, starttime: 11:15	
Heat: 4/12 Lane : 7 Athlete: ADRIAENSEN LENA							Q-time: 00:31:76	
PB (25m pool): 00:38.87 Purmerend 20/05/2024							PB (50m pool): 00:31.76SB: no time	
	2 5 M		5 0 M					
PB			00:38.87					
			00:38.87					
								

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 11:16
Heat: 5/12 Lane : 1 Athlete: HACHED LINA			Q-time: 00:31:49
PB (25m pool): 00:31.49 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:32.05 SB: no time			
	2 5 M	5 0 M	
PB		00:31.49	
		00:31.49	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:8, starttime: 11:20
Heat: 8/12 Lane : 1 Athlete: BAYGUNES DEFNE			Q-time: 00:29:89
PB (25m pool): 00:29.89 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:30.12 SB: no time			
	2 5 M	5 0 M	
PB		00:29.89	
		00:29.89	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:9, starttime: 11:21
Heat: 9/12 Lane : 4 Athlete: VAN BAELEN YENTHE			Q-time: 00:29:03
PB (25m pool): 00:29.03 Turnhout 01/03/2026 PB (50m pool): 00:29.31 SB: no time			
	2 5 M	5 0 M	
PB		00:29.03	
		00:29.03	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 11:22
Heat: 10/12 Lane : 1 Athlete: GEYPEN WIES			Q-time: 00:28:85
PB (25m pool): 00:29.21 Antwerpen 12/10/2025 PB (50m pool): 00:28.85 SB: no time			
	2 5 M	5 0 M	
PB		00:29.21	
		00:29.21	
			

Coach feedback:

PK Antw KB 26: Session: 3: COACH evaluation sheet for TEAM: MOZKA

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:10, starttime: 11:22
Heat: 10/12 Lane : 5 Athlete: KEMPS ELIZE			Q-time: 00:28:67
PB (25m pool): 00:29.30 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:28.67 SB: no time			
	2 5 M	5 0 M	
PB		00:29.30	
		00:29.30	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:25
Heat: 1/6 Lane : 5 Athlete: VAN HOVE VICTOR			Q-time: 00:40:79
PB (25m pool): 00:42.88 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 00:40.79 SB: no time			
	2 5 M	5 0 M	
PB		00:42.88	
		00:42.88	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:2, starttime: 11:26
Heat: 2/6 Lane : 8 Athlete: HERMANS PIETER-JAN			Q-time: 00:40:06
PB (25m pool): 00:42.98 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:40.06 SB: no time			
	2 5 M	5 0 M	
PB		00:42.98	
		00:42.98	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:3, starttime: 11:27
Heat: 3/6 Lane : 2 Athlete: MIHAILESCU STEFAN			Q-time: 00:35:52
PB (25m pool): 00:35.52 Antwerpen 12/10/2025 PB (50m pool): 00:36.08 SB: no time			
	2 5 M	5 0 M	
PB		00:35.52	
		00:35.52	
			

Coach feedback: